



HOMEMADE DOG TREATS

Treat your pup to these yummy homemade dog treats! Make them with friends or family for extra fun!

*Age level: 10 and up (Younger children may require supervision)

*Estimated time: 20 mins - 1 hour

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INGREDIENTS NEEDED

Frozen Banana Treats

- ★ 2 ripe mashed bananas
- ★ 3 tablespoons natural unsalted peanut butter
- ★ 24 ounces low-fat plain yogurt
- ★ 2 tablespoons applesauce (optional)



Pumpkin Dog Cookies

- ★ 2 1/2 cups brown rice flour
- ★ 2 tablespoons flax meal
- ★ 2 extra-large eggs, lightly beaten
- ★ 1/4 cup cold water or enough to make the dough stick
- ★ 3/4 cup plain canned pumpkin puree (NOT the spiced kind used for pies)

REMINDER

Prior to attempting these recipes, ensure you are aware of any dietary restrictions or allergies your dog may have to prevent potential harm.

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STEP BY STEP INSTRUCTIONS - PART I

Directions for Banana Treats

1. Microwave the peanut butter in a microwave-safe bowl until soft.
2. Blend all the ingredients together thoroughly then freeze in ice cube trays.
3. Pop treats out of tray for your pet's enjoyment!
 - a. Alternatively, spread on a "Lick Mat" for extra enrichment!



Other Dog-Safe Mix-ins

Sweet Potato Puree
Unsalted bone broth
Mint leaves
Grated carrots
Cooked egg

Directions for Pumpkin Dog Cookies

1. Preheat oven to 350 degrees and line two baking sheets with parchment paper.
2. Combine brown rice flour & flax meal in a large bowl. Mix eggs & pumpkin together in a separate bowl until smooth.
3. Add half of the pumpkin mixture to the brown rice mixture, stir, then add the rest and stir again with a wooden spoon or spatula. Add water slowly, as needed.
4. Use your hands to knead the dough together.
5. Roll dough out between two pieces of waxed or parchment paper to desired thickness (about 1/4" thick).

6. Remove top piece of paper, flip dough onto a counter coated with brown rice flour, remove wax paper, and then cut biscuits using a knife or cookie cutter. Re-roll and cut scraps until you've used every bit of dough.

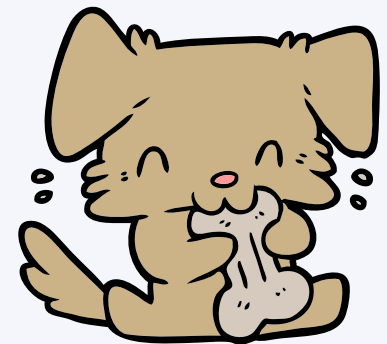
7. Place biscuits on parchment-lined baking sheets (or sheets lightly greased with oil). Bake for 30 to 45 minutes until the top of the biscuits have dried out completely. Let biscuits cool on wire racks, then store in an airtight container.

IMPORTANT

*These are treats and should be given sparingly.

*Dogs are sensitive to salt, sugar, and preservatives

*Do not include any known pet allergens



REFLECTION QUESTIONS

- What was your favorite part of making your dog treats?
- How did your dog like the treats?
- What are other ways you can provide enrichment for your dog's life?

