



SPREAD HOLIDAY CHEER!

Spread kindness to your community by creating a holiday gram! You can pass these out to friends, family, teachers, neighbors or anyone else who you think needs some extra holiday cheer!

*Age level: 5+ *Estimated time to complete project: 10-30 minutes

01

MATERIALS NEEDED

- ★ Team Kids Holiday Gram (can use your own template)
- ★ Pen/Pencil
- ★ Markers/Crayons
- ★ Candy-canes (optional)
- ★ Tape (optional)



Example of Candy Grams here

02

STEP BY STEP INSTRUCTIONS

1. Create your own holiday gram or pick from one of our templates
2. Gather writing materials
3. Brainstorm a note or message that will remind them to:
 - a. Enjoy their holiday season
 - b. Remember what they are grateful for
 - c. Celebrate their accomplishments from 2022
 - d. Have hope and make wishes/goals for the New Year
4. Add any drawings or additional decoration
5. (Optional) Tape candy cane to the back of the card
6. Deliver to community members and see them smile!



03

REFLECTION QUESTIONS

- Why do you think it's important to spread joy to others during the holidays?
- How do you think someone receiving your card would feel?
- What are some of your accomplishments from this year? And what are you hoping to achieve in the New Year?

