



## TACKLE HUNGER


Collect and donate non-perishable food items to your local food bank.

\*Age level: 7 years and up \*Estimated time to complete project: 1 - 3 hours (varies)

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### MATERIALS NEEDED

- ★ Box/Bins/Basket or anything that can hold the items you will be donating
- ★ Non-perishable food items: Canned foods, dehydrated fruits and vegetables, uncooked rice, granola bars, packaged pasta, peanut butter, etc

 Tip: Find these items in your pantry or purchase at a local inexpensive grocery

- ★ Optional: Markers/Crayons/Paint to decorate your donation box



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### REFLECTION QUESTIONS

- How do you think the person receiving this food donation would feel?
- How do you feel about helping someone get a meal to eat?
- Why is donating food important?

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### STEP BY STEP INSTRUCTIONS

1. Ask a parent and go online to find a list of your local food banks, and then take a look at their list of acceptable food items to donate (if one exists), or take a look at our food list.
2. Review the list and choose food items that are non-perishable, or in a can with their expiration date being in the far future.
3. Once you collect as many items you can find, take them to your local food banks.
4. You can also take a picture of you and your box and send it to Team Kids. We would love to see the outcome!

