

FOOD FORWARD


Donate extra cafeteria food to a homeless shelter in your town.

*Age level: 7 years and up *Estimated time to complete project: 1 - 3 hours (varies)

01

MATERIALS NEEDED

- ★ Box/Bins/Basket or anything that can hold the items you will be donating
- ★ Non-perishable food items: Canned foods, dehydrated fruits and vegetables, uncooked rice, granola bars, packaged pasta, peanut butter, etc

 Tip: Find these items in your pantry or purchase at a local inexpensive grocery

- ★ Optional: Markers/Crayons/Paint to decorate your donation box



03

REFLECTION QUESTIONS

- How do you think the person receiving this food donation would feel?
- How do you feel about helping someone get a meal to eat?
- Why is donating food important?
- How do you feel about food at the cafeteria being wasted due to it being unwanted?

02

STEP BY STEP INSTRUCTIONS



1. Ask a teacher or school official to supervise, then go online together to find a list of food recovery programs and take a look at their list of acceptable food items to donate (if one exists), or get ideas from our food list.
2. Create school-wide awareness educating other students on the importance of the donation.
3. Review the list and collect food items that are non-perishable and acceptable to the food recovery program.
4. Instead of being thrown out, donate the leftover food through your local food recovery programs to shelters serving those in need.
5. Take a picture of the student donations and send it to Team Kids. We would love to see the outcome!

